

SEVENTH ANNUAL

Omar Pasalodos, M.D., Memorial Lecture

Mental Health Issues Affecting Women Across the Life Cycle: Internal and External Factors

Thursday, April 19, 2018 • 5:30-7:30 p.m.
Welcome Reception, 5:30 p.m. • Program, 6:15 p.m.
 South Miami Hospital Victor E. Clarke Education Center, Auditorium
 6200 SW 73 Street, South Miami

Also available via Live WEBCAST

Overview • *What role does mental health play in the overall health of women and girls?* Evaluation of mental health problems in women must consider the full context of their lives, as distress in women often has social origins. Biological, life cycle, hormonal and other factors unique to females may be linked to a higher incidence of depression, anxiety and psychological distress. Appropriate, non-stigmatizing and continuing care, which includes supportive and rehabilitative mental health services across the life span are essential to enable women to achieve their optimal level of functioning and well-being.

Target Audience • All healthcare providers with an interest in improving women's healthcare, including obstetricians, gynecologists, primary care physicians, pediatricians, geriatricians, psychologists, psychiatrists, nurses, advanced practice providers, social workers, pharmacists, occupational therapists, radiologic technologists, residents and medical school students, as well as female professionals interested in education to advance women's healthcare.

Purpose • The Omar Pasalodos, M.D., Memorial Lecture is held annually to honor Dr. Pasalodos' dedication to women's healthcare, community outreach and education. This event features a nationally recognized speaker and focuses on women's healthcare issues.

Educational Objectives • Upon completion of this lecture, participants should be better able to:

- Distinguish the role that mental health plays in the overall health of women throughout their life cycle.
- Recognize the mental health consequences of domestic violence, sexual abuse, challenging life events and acute and chronic stress in women.
- Evaluate mental health problems in women considering the full context of their lives recognizing social and biological origins.
- Provide well-informed mental healthcare or referral to care in a timely fashion, in a nonstigmatizing setting.



Guest Faculty:
Jacqueline A. Hobbs, M.D., Ph.D.
 Associate Professor, Department of Psychiatry
 Vice Chair for Education and Director of Residency Training
 University of Florida College of Medicine
 Gainesville, Florida

Accreditation and Credits • Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Baptist Health has been re-surveyed by the ACCME and awarded commendation for 6 years as a provider of CME for physicians. • Baptist Health South Florida designates this live activity for a maximum of *1 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. • This activity has been approved for 1 credit hour, CE Broker Course #20-610367, by the Florida Boards of Medicine, Osteopathic Medicine, Psychology (1 hour), Nursing, Nurse Practitioners, Pharmacy, Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling, Occupational Therapy and by the Florida Council of Physician Assistants. • Baptist Health South Florida CE Broker Provider #50-182. • This activity has been approved for 1 credit by the Florida Bureau of Radiation Control Provider #3201106. Course #21000773.

Registration and Information • Advance registration is required.

- **Healthcare Professionals:** Register online at BaptistHealth.net/CME. For assistance, contact the Baptist Health CME Department at CME7@BaptistHealth.net or 786-596-2398 or by using the quick-link buttons at the top of this page.
- **Other Registrants:** Register online at PasalodosMemorialLecture2018.eventbrite.com. For assistance, contact Herbert Wertheim College of Medicine at Florida International University at 305-348-4926 or lvarela@fiu.edu.

Parking • Special-event parking will be available in the employee parking garage, which is located across from the Victor E. Clarke Education Center. [Please see map.](#)



Baptist Health South Florida is honored to partner with the
 Herbert Wertheim College of Medicine at Florida
 International University and the Health Foundation of South Florida
 to support the Omar Pasalodos, M.D., Memorial Lecture.

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